

- The Welcome will start Sunday the 25th from 14:00 onwards. The first lecture is Monday the 26th at 9:00 am. The school will finish Friday the 7th just before lunch.
- A bus will be available at St Raphaël train-station at about 18:00 and 19:30 Sunday the 25th to transfer the participants to “Les Issambres”
- A bus will transfer the participant to the train station of St Raphael Friday the 7th departure at 13:00

Travel to QEM2005 - les Issambres

The best way to reach **St Raphael** from abroad is to take the TGV train from **Paris « Gare de Lyon »** or from **Roissy Airport** (and also from Marseille or Lyon) to **St Raphaël Valescure** (4h41 long) or from **Nice Airport** (see below).

From St Raphael a bus will pick you Sunday the 25th at about 18:00 and 19:30 to bring you to “**Les Issambres**” (*village “La Gaillarde”*)

TGV from Paris (gare de Lyon) to St Raphaël Sunday the 25th of September

Departure (Paris)	11:50	13:50	15:54
Arrival (St Raphaël)	16:31	18:32	20:32

TGV from ROISSY airport to St Raphaël Sunday the 25th of September

Departure (Roissy)	11:24	13:11
Arrival (St Raphaël)	16:44	19:11

Way back to Paris

TGV from St Raphaël to Paris (gare de Lyon) Friday the 7th of September

Departure (St Raphaël)	12:37	14:27	16:49
Arrival (Paris)	17:21	19:45	21:41

TGV from St Raphaël to Roissy Airport Friday the 7th of September

Departure (St Raphaël)	11:26	14:27	16:29
Arrival (Roissy)	16:42	21:04	22:04

You can also fly to **Nice airport** and catch a train (or a bus) to **St Raphaël**. Below are the different ways to do so:

Nice Airport ⇔ St Aygulf -les Issambres (*village “La Gaillarde”*)

There are two ways to go from the Nice Airport (www.nice.aeroport.fr) to St Aygulf -les Issambres village “La Gaillarde”

By train :

1) from **the train station « Nice St Augustin »** (see map below) to St Raphaël

1) or take the bus from the **airport to the train station « Nice Ville »**

Route 99 SNCF Direct

(Departures from Terminal 2 - Stand 4 and Terminal 1 - Stand 1).

Journey: 20 minutes. Frequency: every 1/2 hour from 8 am to 9 pm.

Price: €4 (purchase ticket [from the Car Park / Bus Station Office](#))..

And then train to St Raphaël

3) the bus to les Issambres: stop “La Gaillarde” just in front of the village (see time table at the end)



Nice St Augustin :

Location: Situated just 500 metres from Terminal 1. The walk will take you 15-20 minutes.

Opening hours: From Monday to Saturday: 6 am - 8 pm.
Sundays and Bank Holidays: 8 am to midday and 2 PM to 6 PM



Train time table: Nice-St-Augustin => Saint Raphaël

tous les Jours

	tous les jours 11	sauf sam et dim 2	tous les jours 3	sauf dim et fériés 4	tous les jours 5	tous les jours 6	tous les jours 7	tous les jours 8	tous les jours 9	tous les jours 10	tous les jours 11	tous les jours 12	tous les jours 13	tous les jours 14	tous les jours 15	tous les jours 16	tous les jours 17	dim et fériés 8	Autre 15	
NICE-VILLE	06.04	06.35	07.15	07.23	07.53	08.37	09.00	09.36	09.41	10.10	10.31	11.14	11.41	12.00	12.42	13.35	13.43	14.06	14.10	
Nice-St-Augustin		06.41			07.59	07.59	08.43		09.47					12.06	12.48				14.17	
St-Laurent-du-Var		06.44			08.03	08.03	08.46		09.50					12.09	12.51				14.21	
Cros-de-Cagnes							08.50		09.54						12.55				14.24	
CAGNES/MER		06.49		07.33	08.07	08.07	08.53		09.56					12.14	12.58				14.28	
Villeneuve-Loubet-Plage							08.57		10.01						13.05				14.34	
Biot							09.01		10.04						13.08				14.37	
ANTIBES	06.19	06.56	07.31	07.42	08.15	08.15	09.04	09.15	09.53	10.08	10.25	10.47	11.30	11.58	12.24	13.12	13.50	14.00	14.25	14.41
Juan-les Pins		07.00			08.18	08.18	09.08		10.11					12.27	13.15				14.44	
Golfe-Juan-Vallauris		07.03			08.22	08.22	09.12		10.15					12.31	13.19				14.48	
CANNES	06.31	07.11	07.44	07.54	08.29	08.29	09.29	09.26	10.06	10.22	10.37	11.00	11.42	12.11	12.38	13.26	14.02	14.13	14.39	14.56
Cannes-La-Bocca					08.34	08.34	09.33		10.27					12.43	13.30				15.00	
Mandelieu-la-Napoule		07.19			08.39	08.39	09.39		10.32					12.48	13.36				15.05	
Théoule-sur-Mer					08.42	08.42	09.41							12.51					15.07	
Le Trayas					08.47	08.47	09.47							12.56					15.13	
ANTHÉOR-CAP-ROUX					08.53	08.53	09.53							13.02					15.19	
AGAY					08.58	08.58	09.57							13.07					15.23	
Le Dramont					09.01	09.01	10.01							13.10					15.27	
Boulouris/Mer		07.34			09.05	09.05	10.05		10.48					13.14	13.51				15.31	
ST-RAPHAËL-VALESCURE	06.53	07.40	08.06	08.16	09.11	09.11	10.08	09.49	10.33	10.52	11.00	11.26	12.04	12.33	13.18	13.55	14.27	14.39	15.02	15.35
Fréjus	06.59	07.44		08.22		09.15							12.09						15.07	
LES ARCS-DRAGUIGNAN	07.13	07.58		08.36		09.29		10.05	10.49			11.41	12.22				14.44	14.56	15.21	

tous les Jours

	tous les jours 11	tous les jours 12	tous les jours 13	sauf dim 16	tous les jours 17	tous les jours 18	tous les jours 19	tous les jours 20	tous les jours 21	Ven dim 18	sauf dim et fériés 19	sauf dim 20	tous les jours 21	tous les jours 22	tous les jours 23	lun à dim 5	tous les jours 22	tous les jours 23		
NICE-VILLE	15.35	15.56	16.04		16.13	16.34	16.41	16.55	17.31	17.50	18.04	18.35	18.42	18.45	19.41	19.51	20.18	21.09	22.02	22.35
Nice-St-Augustin					16.19		17.01		18.10		18.10			19.57		21.15				
St-Laurent-du-Var					16.23		17.04		18.14		18.14			20.00		21.18				
Cros-de-Cagnes					16.27		17.08		18.17		18.17			20.04		21.22				
CAGNES/MER					16.30		17.11		18.20		18.20			20.07		21.25				
Villeneuve-Loubet-Plage					16.35		17.17		18.25		18.25			20.13		21.29				
Biot					16.39		17.20		18.29		18.29			20.17		21.32				
ANTIBES	15.51	16.12	16.19		16.43	16.50	16.58	17.24	17.49	18.11	18.32	18.52	19.01	19.02	19.59	20.21	20.35	21.36	22.19	22.50
Juan-les Pins					16.46		17.27		18.36		18.36			20.24		21.39				
Golfe-Juan-Vallauris					16.50		17.31		18.40		18.40			20.28		21.43				
CANNES	16.03	16.24	16.31	16.35	17.16	17.03	17.11	17.38	18.03	18.22	18.47	19.05	19.13	19.15	20.13	20.34	20.47	21.49	22.32	23.03
Cannes-La-Bocca				16.39	17.20		17.43		18.51		18.51			20.38		21.54				
Mandelieu-la-Napoule				16.44	17.25		17.48		18.30		18.56			20.43		21.59				
Théoule-sur-Mer							17.51		18.59		18.59			20.43		22.02				
Le Trayas							17.56		19.04		19.04			20.43		22.08				
ANTHÉOR-CAP-ROUX							18.02		19.10		19.10			20.43		22.13				
AGAY							18.06		19.14		19.14			20.55		22.18				
Le Dramont							18.10		19.18		19.18			20.55		22.21				
Boulouris/Mer				17.00	17.40		18.14		19.22		19.22			21.00		22.25				
ST-RAPHAËL-VALESCURE	16.25	16.45	16.54	17.04	17.46	17.26	17.37	18.19	18.25	18.48	19.27	19.31	19.40	19.37	20.38	21.04	21.11	22.28	22.57	23.25
Fréjus					17.50		18.23		18.53		19.31			20.38		21.11				
LES ARCS-DRAGUIGNAN			17.10	18.04	17.54	18.37	19.07	19.44	20.07	19.55	20.57			21.30		23.14				

Train time table : Saint Raphaël => Nice ville

du 12/12/2004 au 02/07/2005

SNCF-INFORMATION, VENTE : 36.35 (0,34 € TTC/mn) - MINITEL : 3615 TER (0,20 €

tous les Jours

	tous les jours	sauf dim et fériés 1	tous les jours 2	tous les jours 2	sauf sam et dim 3	tous les jours	sauf sam et dim 3	tous les jours	sauf sam dim et fériés	Lun et Sam 4	tous les jours	tous les jours	tous les jours 5	tous les jours	tous les jours	tous les jours	tous les jours	tous les jours 6	tous les jours	tous les jours				
	ter	◆	ter	ter	ter	ter	ter	ter	◆	ter	◆	ter	ter	ter	ter	ter	ter	sept.	◆	ter				
LES ARCS-DRAGUIGNAN		06.16		06.32	06.51	06.57	07.32	07.49	08.44	08.56	09.05	09.50								12.22			13.29	
Fréjus		06.32			07.06		07.48		09.00		09.21	10.05									12.38			13.44
ST-RAPHAËL-VALESCURE	06.06	06.37	06.46	06.52	07.11	07.18	07.54	08.10	09.06	09.21	09.26	10.11	10.59	12.04	12.32	12.43	13.00	13.41	13.50	13.53				
Boulouris/Mer	06.11				07.15		07.58				09.30		11.03	12.08		12.47								13.57
Le Dramont							08.02				09.35		11.08	12.13										14.02
AGAY							08.05				09.38		11.12	12.16										14.05
ANTHÉOR-CAP-ROUX							08.09				09.43		11.16	12.21										14.09
Le Trayas							08.15				09.48		11.22	12.27										14.15
Théoule-sur-Mer							08.20				09.54		11.28	12.32										14.20
Mandelieu-la-Napoule	06.26	06.55			07.31		08.23				09.56		11.31	12.35		13.03								14.23
Cannes-La-Bocca	06.31				07.36		08.28				10.02		11.35	12.40		13.08								14.28
CANNES	06.36	07.05	07.10	07.17	07.51	07.47	08.33	08.40	09.30	09.47	10.07	10.36	11.44	12.45	13.00	13.13	13.25	14.04	14.14	14.34				
Golfe-Juan-Vallauris	06.42				07.58		08.40				10.14		11.50	12.52		13.20								14.40
Juan-les-Pins	06.46				08.02		08.43				10.18		11.54	12.56		13.24								14.45
ANTIBES	06.49	07.17	07.26	07.32	08.05	07.59	08.47	08.53	09.39	09.57	10.21	10.45	11.57	12.59	13.11	13.27	13.36	14.14	14.24	14.48				
Biot	06.53				08.09						10.25		12.02		13.31									
Villeneuve-Loubet-Plage	06.57				08.12						10.29		12.07		13.34									
CAGNES/MER	07.01	07.28			08.17		08.53				10.33		12.14	13.07		13.45								14.55
Cros-de-Cagnes	07.04				08.20						10.36	10.54	12.17		13.48									
St-Laurent-du-Var	07.07				08.23		08.57				10.40		12.21	13.11		13.52								15.00
Nice-St-Augustin	07.10				08.27		09.01				10.43		12.24	13.14		13.55								15.03
NICE-VILLE	07.19	07.40	07.45	07.50	08.32	08.20	09.06	09.11	09.52	10.12	10.49	11.02	12.30	13.20	13.25	14.01	13.49	14.27	14.37	15.13				

tous les Jours

	tous les jours	tous les jours	tous les jours	sauf sam et dim 7	tous les jours	tous les jours	tous les jours	sauf sam dim et fériés	tous les jours	tous les jours	tous les jours	tous les jours	tous les jours	tous les jours	tous les jours	tous les jours	sauf sam 9	ven et fériés 10
	ter	ter	ter	ter	◆	ter	ter	◆	sept.	ter	ter	ter	◆	ter	ter	◆	ter	
LES ARCS-DRAGUIGNAN		14.28			15.48	16.29		17.32		18.17	18.21	18.56	19.34	20.16			22.57	23.26
Fréjus		14.42			16.04			17.47			18.36		19.51					
ST-RAPHAËL-VALESCURE	14.20	14.47	15.10	15.28	16.10	16.48	17.14	17.53	18.27	18.36	18.41	19.15	19.56	20.36	21.37	23.15	23.47	
Boulouris/Mer		14.51			15.32			17.18			18.45							
Le Dramont					15.36			17.23			18.49							
AGAY					15.39			17.26			18.53							
ANTHÉOR-CAP-ROUX					15.44			17.31			18.57							
Le Trayas					15.49			17.37			19.03							
Théoule-sur-Mer					15.54			17.42			19.08							
Mandelieu-la-Napoule		15.07			15.57			17.45			19.11							
Cannes-La-Bocca		15.11			16.04			17.50			19.16							
CANNES	14.48	15.16	15.36	16.09	16.35	17.16	17.55	18.16	18.51	19.00	19.21	19.40	20.20	21.02	22.03	23.39	00.01	
Golfe-Juan-Vallauris		15.22			16.16			18.02			19.27							
Juan-les-Pins		15.26			16.20			18.06			19.31							
ANTIBES	15.00	15.29	15.48	16.23	16.46	17.26	18.09	18.27	19.02	19.11	19.34	19.52	20.31	21.13	22.15	23.48	00.24	
Biot		15.33			16.27			18.13			19.38							
Villeneuve-Loubet-Plage		15.36			16.31			18.17			19.42							
CAGNES/MER		15.42			16.37			18.23			19.46							
Cros-de-Cagnes		15.45			16.40			18.26			19.49							
St-Laurent-du-Var		15.49			16.44			18.30			19.53							
Nice-St-Augustin		15.53			16.47			18.34			19.56							
NICE-VILLE	15.16	15.58	16.03	16.53	17.04	17.44	18.39	18.44	19.15	19.23	20.02	20.06	20.46	21.27	22.28	00.01	00.37	

By bus from the Nice – airport to St Raphaël:

- 1) bus to Saint Raphaël then
- 2) bus to les Issambres stop “La Gaillarde” just in front of the village

Buses from airport to St Raphael

Route : **Airport - Fréjus - St Raphaël Direct by Motorway**

Departures Terminal 1 - stand 5 & Terminal 2 - stand 1



www.nice.aeroport.fr
Access and Parking / Busses and Shuttles
Call Center : 0033 820 423 333 (0,12€ / min).

SODETRAV :
St Raphaël : 33 (0)4.94.95.24.82
St Tropez : 33 (0)4.94.97.88.51

AIRPORT - ST RAPHAEL - BELTRAME : 33 (0)4.94.95.95.16

TERMINAL 1	09:00	12:30	15:45	19:30
TERMINAL 2	09:05	12:35	15:50	19:35
MANDELIEU	09:30	13:00	16:15	20:00
FREJUS - Place Paul Vernet	10:00	13:30	16:45	20:30
ST RAPHAEL - Bus Station	10:15	13:45	17:00	20:45

No bus the 1st of May.

ST RAPHAEL - AIRPORT

ST RAPHAEL - Bus Station	07:00	10:30	14:00	17:15
FREJUS - Place Paul Vernet	07:15	10:45	14:15	17:30
MANDELIEU	07:45	11:15	14:45	18:00
TERMINAL 2	08:10	11:40	15:10	18:25
TERMINAL 1	08:15	11:45	15:15	18:30

104 - ST RAPHAEL > ST TROPEZ - from 13 June to 03 July and from 29 August to the 25 September 2005

LMJV Me

From Monday to Saturday (except holidays)

ST RAPHAEL - Bus Station	06:25	08:35	09:50	12:25	13:30	14:50	16:00	17:20	17:30	17:40	19:05	21:00
FREJUS - Provence Street	06:35	08:45	10:00	12:35	13:40	15:00	16:10	17:30	17:40	17:50	19:15	21:08
ST AYGULF	06:45	08:55	10:10	12:45	13:50	15:10	16:20	17:40	17:50	18:00	19:25	21:16
LES ISSAMBRES	06:52	09:02	10:18	12:53	13:58	15:20	16:30	17:50	18:00	18:10	19:32	21:23
STE MAXIME - Harbor	06:59	09:09	10:26	13:01	14:06	15:29	16:39	18:00	18:00	18:19	19:39	21:29
STE MAXIME - Tourist Office	07:00	09:10	10:29	13:02	14:07	15:30	16:40	18:00	18:10	18:20	19:40	21:30
ST PONS	07:12	09:22	10:42	13:15	14:20	15:37	16:53	-	-	18:32	19:53	21:42
PORT GRIMAUD	-	09:27	-	13:20	-	-	-	-	-	18:37	-	21:47
GRIMAUD	07:22	-	10:52	-	14:30	15:47	17:03	-	-	-	20:02	-
COGOLIN - Bus Station	07:30	-	11:00	-	14:38	15:55	17:11	-	-	-	20:10	(1)
LA FOUX	07:37	09:35	11:12	13:28	14:48	16:05	17:21	-	-	18:44	20:17	21:54
ST TROPEZ - Bus Station	07:45	09:45	11:25	13:38	14:58	16:15	17:32	-	-	18:55	20:27	22:04

LMJV : Monday, Tuesday, Thursday, Friday - Me: Wednesday

(1) Cogolin at 22:19, after Saint Tropez arrival.

Sunday and holidays

ST RAPHAEL - Bus Station	07:15	08:35	10:15	12:25	13:30	16:00	17:30	19:05	21:00
FREJUS - Provence Street	07:25	08:45	10:25	12:35	13:40	16:10	17:40	19:15	21:08
ST AYGULF	07:35	08:55	10:35	12:45	13:50	16:20	17:50	19:25	21:16
LES ISSAMBRES	07:42	09:02	10:43	12:53	13:58	16:30	18:00	19:32	21:23
STE MAXIME - Tourist Office	07:50	09:10	10:52	13:02	14:07	16:40	18:10	19:40	21:30
ST PONS	08:02	09:22	11:05	13:15	14:20	16:53	18:22	19:53	21:42
PORT GRIMAUD	-	-	11:10	13:20	-	-	18:27	-	21:47
GRIMAUD	08:12	09:32	-	-	14:30	17:03	-	20:02	-
COGOLIN - Bus Station	08:20	09:40	-	-	14:38	17:11	-	20:10	-
LA FOUX	08:27	09:50	11:18	13:28	14:48	17:21	18:34	20:17	21:54
ST TROPEZ - Bus Station	08:35	10:00	11:28	13:38	14:58	17:32	18:45	20:27	22:04

104 - ST TROPEZ > ST RAPHAEL - from 13 June to 03 July and from 29 August to the 25 September 2005

From Monday to Saturday (except holidays)

ST TROPEZ - Bus Station	06:25	07:50	08:40	10:20	12:05	14:30	15:40	16:30	18:10	19:30
LA FOUX	06:32	07:58	08:50	10:32	12:15	14:40	15:50	16:40	18:18	19:37
COGOLIN - Bus Station	06:38	-	09:00	-	12:25	-	-	-	18:28	19:44
GRIMAUD	06:45	-	09:07	-	12:32	-	-	-	18:35	19:50
PORT GRIMAUD	-	08:05	-	10:42	-	14:4	15:58	16:49	-	-
ST PONS	06:55	08:10	09:17	10:47	12:42	14:53	16:03	16:54	18:45	20:00
STE MAXIME - Tourist Office	07:06	08:23	09:30	11:02	12:55	15:06	16:17	17:07	18:57	20:12
LES ISSAMBRES	07:13	08:32	09:38	11:12	13:03	15:16	16:27	17:17	19:05	20:20
ST AYGULF	07:20	08:40	09:45	11:21	13:10	15:24	16:36	17:26	19:15	20:27
FREJUS - Provence Street	07:30	08:50	09:55	11:31	13:20	15:34	16:46	17:36	19:25	20:35
ST RAPHAEL - Bus Station	07:40	09:00	10:05	11:45	13:30	15:45	17:00	17:48	19:35	20:42

Sunday and holidays

ST TROPEZ - Bus Station	06:25	08:50	10:20	12:05	14:10	15:40	16:30	18:30	19:30
LA FOUX	06:32	08:58	10:32	12:15	14:20	15:50	16:40	18:38	19:37
COGOLIN - Bus Station	06:38	-	-	12:25	14:30	-	-	18:48	19:44
GRIMAUD	06:45	-	-	12:32	14:37	-	-	18:55	19:50
PORT GRIMAUD	-	09:08	10:42	-	-	15:58	16:48	-	-
ST PONS	06:55	09:13	10:47	12:42	14:47	16:03	16:53	19:05	20:00
STE MAXIME - Tourist Office	07:06	09:26	11:02	12:55	14:59	16:17	17:06	19:17	20:12
LES ISSAMBRES	07:13	09:34	11:12	13:03	15:09	16:27	17:16	19:25	20:20
ST AYGULF	07:20	09:41	11:21	13:10	15:17	16:36	17:26	19:35	20:27
FREJUS - Provence Street	07:30	09:51	11:31	13:20	15:27	16:46	17:36	19:45	20:35
ST RAPHAEL - Bus Station	07:40	10:00	11:45	13:30	15:39	17:00	17:48	19:55	20:42

Schedules are given for your guidance and depends on the local traffic conditions.